



relax Kids
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MY BOOK OF HAPPINESS

Name:.....
Age:.....

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Which person makes me happy?

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What action makes me happy?

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What event made me happy?

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What smell makes me happy?

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What sight makes me happy?

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What place makes me happy?

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What song makes me happy?

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What taste makes me happy?

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What sound makes me happy?

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What food makes me happy?

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What moment made me feel happy?

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What object makes me happy?

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